

 LANGUAGE	YOUR CHILD'S LOVE LANGUAGE MAY BE, IF HE/SHE:	HOW TO SPEAK THIS LANGUAGE:
PHYSICAL TOUCH	<ul style="list-style-type: none"> -Loves to receive and give hugs & kisses -likes to cuddle -wants to hold your hand -reaches out to you -grabs you as you walk by -likes games with physical contact 	<ul style="list-style-type: none"> *Give plenty of hugs & kisses, high fives *give piggy back rides *hold hands during prayers *add random "group hugs" into your family routine *read stories snuggled on the couch or hold your child in your lap *run your hand through their hair *give sensory gifts (soft blanket, pillow, small item)
WORDS OF AFFIRMATION	<ul style="list-style-type: none"> -Gives you words of appreciation -Wants others to tell them they did a good job and are special -likes praise 	<ul style="list-style-type: none"> *Give plenty of kind, encouraging, positive words *Always say "I love you" *work towards gentleness in your responses and tone *give appropriate praise *be specific in your praise, tell them why you are proud of them *praise them in front of others *writes notes and letters
QUALITY TIME	<ul style="list-style-type: none"> -loves to spend time with you -asks to do things with you -wants you to watch what they are doing -wants your undivided attention 	<ul style="list-style-type: none"> *Play a game together *do projects together help *read aloud together *spend extra time tucking them in at night *run errands together * give your undivided attention *make eye-contact *make conversation and listen *have one on one time with each of your children *pay attention to details
GIFTS	<ul style="list-style-type: none"> -Enjoys special presents or surprises -like to gives gifts to others -Gifts turn into visual representation of love 	<ul style="list-style-type: none"> *Keep a treasure box of small trinkets to give at unexpected time *select gifts that fit interests of your children *give "nature gifts" *send them on a treasure hunt *shop with them for a special gift
ACTS OF SERVICE	<ul style="list-style-type: none"> -Appreciates the little and big things you do for them -Asks you to help them -Likes when others do nice things for them 	<ul style="list-style-type: none"> *when your children ask for help, respond to requests with a loving positive attitude *Do what they cannot do for themselves *Help your child pick out clothes in the morning *make a special meal *help them pick up their room or playroom *serve other people together *practice sports together

Inspired by: Chapman, Gary D., and Ross Campbell. *The Five Love Languages of Children*. Rev ed. Chicago: Moody, 2012.

